

TENTATIVE REVISION OF CLASS INDEX 3/16/80

RED INDICATES FORMER NUMBER AND TITLE

- |   |  |
|---|--|
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| II. PRACTICES FOR THE QUEST (XVII)<br>the long path | XVI. THE OVERSELF (XII)  |
| III. RELAX AND RETREAT (II)                         | XVII. THE REIGN OF RELATIVITY (XV)   |
| IV. ELEMENTARY MEDITATION (III)                     | XVIII. WHAT IS PHILOSOPHY (V)  |
| V. THE BODY (VIII)                                  | XIX. MENTALISM (X)   |
| VI. EMOTIONS AND ETHICS (VI)                        | XX. THE SENSITIVES (XX)  |
| VII. THE INTELLECT (VII)                            | XXI. ORIENT AND OCCIDENT (XXIII)   |
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| X. THE MIND-BODY IN HEALTH<br>AND SICKNESS (XXVI)   | XXIV. THE PEACE WITHIN (XXVII)   |
| XI. THE NEGATIVES (IX)                              | XXV. THE GOD WITHIN (XVIII)  |
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| XIV. ESSENCE OF RELIGION (XIX)                      | XXVIII. ABSOLUTE MIND (XVI)  |



## I THE QUEST

- a) its choice
- b) independent path
- c) organized groups
- d) self-development
- e) student/teacher ~~relation~~

## II PRACTICES FOR THE QUEST

- a) long path ~~to the end~~ <sup>med. to med.</sup> ~~the end~~ <sup>goal in</sup> a long path
- b) work ~~to achieve~~ <sup>over-simplified</sup> on oneself
- c) seek inner peace

## III RELAX & RETREAT

- a) ~~take~~ intermittent pauses
- b) withdraw from tension & pressure
- c) relax body, breath, mind
- d) centers for relief centers
- e) nature appreciation
- f) ~~settle~~ sunset contemplation
- g) solitude

## IV ELEMENTARY MEDITATION

- a) control wandering thoughts
- b) practice concentrated attention
- c) meditative thinking
- d) exercises for practice
- e) visualized images
- f) mantras
- g) symbols
- h) affirmations &  $\rightarrow$
- i) mental suggestions
- j) proper environment place & conditions

## V THE BODY

- a) its hygiene & cleanings
- b) ~~its~~ food
- c) exercises ~~to practice~~ & postures
- d) its practices
- e) physical sex's importance, influence, effect <sub>diet</sub>

## VI EMOTIONS & ETHICS

- a) uplift character
- b) re-educate feelings
- c) discipline emotions
- d) purify passions
- e) philosophic value of courtesy & refinement
- f) ~~temperance~~ ~~as~~ ~~trait~~ avoid fanaticism

## VII THE INTELLECT

9/11

- a) its nature
- b) its services
- c) its development
- d) ~~train~~ & semantically training
- e) science
- f) academic philosophy's shortcomings
- g) literature
- h) metaphysics & abstract thinking
- i) ~~discrete~~ ~~mind~~

## VIII THE EGO

- a) what am I?
- b) the I-Thought
- c) the psyche
- d) ~~philosophic~~ view of ego

## IX FROM BIRTH TO REBIRTH

- a) from death to life after death
- b) ~~tendencies~~ from the past tendencies
- c) ~~astrology~~ and destiny
- d) experience of dying
- e) ~~freedom~~ ~~destiny~~
- f) freedom astrology

## X MAN HEAL HIMSELF

- a) mental & emotional effects on health
- b) Karma connection with health
- c) harm of negative ~~thoughts~~ and sickness
- d) pre-life - ~~life~~ <sup>in health</sup> contributions to health
- e) ~~effects~~ drugs in ~~health~~ mind-body <sup>rel. to health</sup>
- f) ~~as~~ ~~mind~~ ~~body~~ relationship
- g) etheric and astral bodies in health & sickness disorders
- h) mental effect of suggestions and ~~auto~~ suggestions on physical body
- i) mental disorders
- j) psychotherapy & psychoanalysis

## XI THE NEGATIVES

- a) ~~to~~ ~~erotic~~
- b) ~~to~~ roots in ego
- c) ~~to~~ presence in ~~space~~ of the world
- d) in thoughts feelings & ~~visions~~
- e) ~~to~~ ~~science~~ ~~near~~ visible & invisible harm.

I THE QUEST

no choice  
independent paths  
organised group  
self development  
~~effects of youth~~  
The student teacher relation

II Pr

Ing  
wk  
seek inner peace

III R&R

take  
wit  
rel  
cent  
not  
sunsets

IV EM

cont  
↓  
ment  
prop.

V City

with breath  
physical sex

VI

upl  
↓  
phil  
fanaticism

VII its Nat

↓  
tr it sem  
science  
academic philosophy's shortcomings  
literature  
metaphysics and abstract thinking  
discursive mind.

VIII wh

↓  
hap  
philosophic view of ego

IX Fran

↓  
art  
experience of dying  
fate and destiny  
free will

X ment

↓  
med  
effect of drugs on health  
on mind-body relationship  
ethic of astral bodies in health & sickness  
mentaleffect of suggestions and  
autosuggestions on physical body  
mental disorders  
psychology & psychoanalysis.

XI

↓  
violence

XII

→ more!

XIII

lessons  
world crises  
old age, its reflections on past  
criticisms of youth  
marriage

XIV

creativity & genius in the arts  
value of art expansion of appreciation

XV

The Orient  
its meeting with the occident  
Prev. etc  
oriental people, places, practices  
ways of philosphers  
schools of philosophy

XVI

Then rit  
sects & cults  
mental effects of drugs  
messages from within

XVII

The Religious Urge  
its origins  
its recognition  
its manifestations  
traditional & less known religions  
its connection with philosophy

XII HAPPENINGS ON THE WAY  
To what?  
PB's Ministry → XVI  
PB's country

7/1

XIX THE REIGN OF RELATIVITY  
a) consciousness is relative  
b) a dream of sleep & wakefulness  
c) a time, or past, present & future  
d) a space  
e) ~~No~~ ~~unified~~ ~~appearance~~ ~~&~~ ~~reality~~  
f) ~~Re~~ twofold standpoint  
g) ~~The~~ void as metaphysical fact.

XIII HUMAN EXPERIENCE  
a) situation  
b) events  
c) lessons  
d) world crises  
e) middle age, its reflections on past  
f) youth's effects  
g) marriage (politics) reflections on youth  
*marriages alter life*

changes from education

XX WHAT IS PHILOSOPHY?  
a) definition  
b) its completeness *old & new truth*  
c) ~~is~~ balance  
d) ~~is~~ fulfillment in man.

XIV THE ARTS IN CULTURE  
a) ~~creativity~~ ~~&~~ ~~genius~~ ~~indicates~~  
b) ~~value of art~~ ~~experience~~ ~~&~~ ~~appreciation~~  
appreciation - creativity - genius - art exp & mysticism  
refl. on pictures, sculpture, lit, poetry, music.

XXI MENTALISM  
a) the mind & the 5 senses  
b) world as mental experience  
c) ~~the~~ ~~key~~ ~~to~~ ~~philosophy~~ mentalism is key to spiritual world

XV THE ORIENT  
a) meetings with the occident  
b) ~~primary~~ ~~causes~~ ~~of~~ ~~dissolve~~  
c) oriental people, places, practices  
d) sayings of philosophers  
e) schools of philosophy

XXII INSPIRATION & THE OVERSELF  
a) its nature ← intuition the beginning, inspiration the completion  
b) its presence  
c) its contact  
d) its impulses  
e) its beginning as intuition  
f) its completion as intuition

XVI THE SENSITIVES  
a) ~~their~~ psychic & aural experiences  
b) ~~their~~ intuition  
c) cults & sects *personal sensitivity*  
d) ~~mental~~ effects of drugs  
e) ~~are~~ ~~not~~ ~~from~~ ~~within~~

XXIII ADVANCED CONTEMPLATION  
a) exercises for practice  
b) contemplative stillness  
c) direct path of Bard's "Direct Path"  
d) ~~re~~ ~~memorance~~ ~~exercise~~  
e) ~~heavenly~~ ~~identificatory~~  
f) "Why Buddha Smiled"  
g) ~~and~~ ~~other~~ ~~exercises~~  
h) ~~the~~ void as contemplative *exp.*  
i) The Serpent's path exercise

XXVI THE WORLD IDEA  
a) divine order in the universe  
b) exchange as universal activity  
c) the true idea of man  
d) opposites complementaries & qualities of the universe

XVII THE RELIGIOUS URGE  
a) its origin  
b) its recognition  
c) its manifestations  
d) traditional & less-known religions  
e) its connection with philosophy

XXIV THE PEACE WITHIN YOU  
a) cultivate calm practice calm absorption  
b) stillness - ~~the~~ ~~supremacy~~  
*dark night, soul*

XXVII THE WORLD MIND  
a) God as the Supreme Individual  
b) God as Mind-In-Activity  
c) ~~As~~ ~~Solar~~ ~~Logos~~

XVIII THE REVERENTIAL LIFE  
a) prayer  
b) adoration  
c) worship  
d) humility  
e) surrender  
f) ~~transforming~~ ~~of~~ ~~grace~~ - real & imagined

XXV WORLD MIND TO INDIVIDUAL MIND  
a) their meeting & ↑  
b) ~~their~~ interchange  
c) the enlightenment which stays  
d) Saints & Sages.

XXVIII THE ALONE  
a) Mind In-Itself  
b) Mind Alone  
c) The Unique Mind  
d) ~~consciousness~~  
e) ~~the~~ Absolute.

XVIII pring  
 ↓  
 sun  
 true forms of grace

XIX  
 in case  
 in dev aslp  
 in time as past, present / future  
 in space  
 the world as appearance and reality  
 the dual fold standpoint  
 the voice as metaphysical fact

XX  
 def  
 ↓  
 bluce  
 its fulfillment in man.

XXI  
 Demerit & sexes  
 water as  
 4 spheres.

XXII &  
 ↓  
 its begins as individ  
 its complete as individ

XXIII  
 direct path  
 in final ex - awaiting the  
 "why is s"  
 reorientation exercise  
**HI**  
 The Void as complementary state  
 & parts path exercise

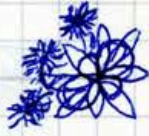
XXIV  
 cultivate calm  
 Skillness - its supremacy

XXV WM in Incl. Mach  
 - Their meet  
 - Their interchange  
 - The enlightenment which stays  
 - Saints & sages.

XXVI WM  
 divine order in  
 change as univ act  
 (politics, complimentarity, & dualities of The Universe  
 the true idea of man

XXVII WM  
 God - The Supreme Individual  
 God equals Mind-in-activity  
 The Solar Logos

XXVIII  
 THE ABOVE  
 mind in itself  
 mind alone  
 The Unique  
 Consciousness  
 The Absolute  
 The Logos



- 1 13
- 2 9 22
- 3 15 37
- 4 21 58
- 5 11 69
- 6 17 86
- 7 17 103
- 8 9 112
- 9 15 127
- 10 25 152
- 11 11 163
- 12 4 167
- 13 11 178
- 14 7 185
- 15 13 198
- 16 13 211
- 17 11 222
- 18 11 233
- 19 15 248
- 20 9 257
- 21 9 266
- 22 11 277
- 23 21 298
- 24 7 305
- 25 11 316
- 26 11 327
- 27 9 336
- 28 13 349

Questions dark knight of soul?  
 Quotations → XXII  
 drop?

197  
 194  
 291

116 116  
 3 | 349 232  
 97  
 129 129  
 4 | 386 258  
 36  
 24

1	13	
2	9 (22)	
3	17 (35)	
4	23 (62)	
5	13 (75)	
6	13 (98)	
7	21 (111)	
8	11 (122)	
9	15 (137)	142 136
10	27 (164)	127
11	13 (177)	100
12	9 (186)	87
13	17 (203)	78
14	7 (210)	61
15	13 (223)	54
16	13 (236)	41
17	13 (249)	28
18	15 (264)	
19	17 (281)	
20	11 (292)	
21	9 (301)	
22	15 (316)	
23	21 (332)	
24	7 (340)	
25	11 (357)	
26	13 (364)	
27	9 (373)	
28	13 (386)	

## XIX. RELIGION

its origins

its need

differences and organizations  
in world religions

## XX. THE SENSITIVES

their psychic and auric  
experiences

their intuitions

their mystic experiences

## XXI. THE WORLD IDEA

## XXII. THE REVERENTIAL LIFE

prayer

devotion

worship

humility

surrender

## XXIII. ORIENT AND OCCIDENT

their meeting

their mutual service and  
disservice

## XXIV. GENERAL

## XXV. HUMAN EXPERIENCE

situation

events

lessons

## XXVI. THE MIND-BODY IN HEALTH AND SICKNESS

mental and emotional effects  
upon it

karmic connection with it

importance of negative feelings

the life-force contribution to  
healing

## XXVII. THE PEACE WITHIN

cultivate calm

seek inner peace

## XXVIII. PRACTICES FOR THE QUEST

mantrams

symbols

affirmations

mental suggestions

other practices





## I. ART AND INSPIRATION

creativity in the arts  
philosophic value of art experience,  
appreciation and genius

## II. RELAX AND RETREAT

take intermittent pauses  
withdraw from tension and pressure  
relax body, breath, mind  
centers of retreat  
nature appreciation

## III. MEDITATION

control wandering thoughts  
practice concentrated attention  
meditative thinking  
exercises for practice  
contemplative stillness  
visualized images

## IV. THE PATH

its choice  
independent paths  
organized groups  
self-development  
effects of youth

## V. WHAT IS PHILOSOPHY

definition  
its completeness  
its balance

## VI. EMOTIONS AND ETHICS

uplift character  
re-educate feelings  
discipline emotions  
purify passions  
philosophic value of courtesy  
and refinement

## VII. THE INTELLECT

its nature  
its services  
its development  
train it semantically

## VIII. THE BODY

its hygiene and cleansings  
its food  
exercises to practice  
its breathings

## IX. THE NEGATIVES

its nature  
its roots in ego  
in mind and the world  
*in thoughts feelings & passions*  
~~its hates and resentments~~

## X. MENTALISM

the mind and the senses  
world as mental experience

## XI. THE EGO

what am I?  
the I-thought  
the psyche

## XII. THE OVERSELF

its nature  
its presence  
its contact  
glimpses

## XIII. THE WORLD-MIND

Divine Order in universe  
change as universal activity

## XIV. FROM BIRTH TO REBIRTH

from death to life  
tendencies from the past  
astrology and destiny

## XV. THE REIGN OF RELATIVITY

in consciousness  
in dream and sleep  
in time and space  
the world as appearance  
the twofold standpoint

## XVI. ABSOLUTE MIND

infinite being  
eternal being  
timelessness

## XVII. WAY TO THE OVERSELF

long path of the ant  
direct path of the bird  
why Buddha smiled

## XVIII. THE GOD WITHIN

the relation of World Mind  
with little mind  
established in the Overself

the nature of the  
its roots in the  
the mind and the  
I. THE MIND  
the I-thought  
the psyche  
III. THE OVERSIGHT  
its nature  
its presence  
its contact  
IV. THE WORLD-WIND  
Divine Order in universe  
change as universal activity  
V. THE WAY TO LIFE  
from death to life  
VI. THE WAY TO KNOWLEDGE  
VII. THE WAY TO WISDOM  
in consciousness  
in time and space  
the world as appearance  
VIII. THE WAY TO TRUTH  
IX. THE WAY TO BEING  
X. THE WAY TO THE OVERSIGHT  
XI. THE WAY TO THE OVERSIGHT  
XII. THE WAY TO THE OVERSIGHT  
XIII. THE WAY TO THE OVERSIGHT  
XIV. THE WAY TO THE OVERSIGHT  
XV. THE WAY TO THE OVERSIGHT  
XVI. THE WAY TO THE OVERSIGHT  
XVII. THE WAY TO THE OVERSIGHT  
XVIII. THE WAY TO THE OVERSIGHT  
XIX. THE WAY TO THE OVERSIGHT  
XX. THE WAY TO THE OVERSIGHT

creativity in the arts  
philosophic aims of art experiences  
association and genius  
I. THE MIND  
take intermittent pauses  
withdrawing from tension and pressure  
teach body, breath, mind  
center of interest  
nature appreciation  
II. THE MIND  
control wandering thoughts  
practice concentrated attention  
meditative thinking  
exercises for practice  
contemplative stillness  
visualized images  
III. THE MIND  
its choice  
independent paths  
organized groups  
self-development  
active or passive  
IV. THE MIND  
definition  
its completeness  
its balance  
V. THE MIND  
uplift character  
re-educate feelings  
discipline emotions  
worldly passions  
ethic value of courtesy  
and refinement  
VI. THE MIND  
its nature  
its services  
its development  
train it systematically  
VII. THE MIND  
its hygiene and cleanliness  
its food  
exercises to practice  
its breathing

NEW  
red indicates former number

Out of Date

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V. THE BODY.....viii	XIX. MENTALISM.....x
VI. EMOTIONS AND ETHICS.....vi	XX. THE SENSITIVES.....xx
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## I. THE QUEST

its choice -- independent path  
-- organized groups -- self development  
-- student/teacher

## II. PRACTICES FOR THE QUEST

ant's Kong path -- work on oneself

## III. RELAX AND RETREAT

intermittant pauses -- tension and pressure -- relax body, breath, mind  
-- retreat centers -- solitude  
-- nature appreciation -- sunset contemplation

## IV. ELEMENTARY MEDITATION

place and conditions -- wandering thoughts -- practise concentrated attention -- meditative thinking  
-- visualized images -- mantrams -- symbols  
-- affirmations and suggestions

## V. THE BODY

hygiene and cleansings -- food  
-- exercises and postures -- breathings  
-- sex: importance, influence, effects

## VI. EMOTIONS AND ETHICS

uplift character -- re-educate feelings  
-- discipline emotions -- purify passions  
-- refinement and courtesy -- avoid fanaticism

## VII. THE INTELLECT

nature -- services -- development  
-- semantic training -- science  
-- metaphysics -- abstract thinking

## VIII. THE EGO

what am I? -- the I-thought -- the psyche

## IX. FROM BIRTH TO REBIRTH

experience of dying -- after death  
-- rebirth -- past tendencies -- destiny  
-- freedom -- astrology

## X. MAN HEAL THYSELF

karma connection with health -- life-force  
in health and sickness -- drugs <sup>and drink</sup> in mind-  
body relationship -- etheric and astral  
bodies in health and sickness -- mental  
disorders -- psychology and psychoanalysis

## XI. THE NEGATIVES

nature -- roots in ego -- presence in the world -- in thoughts, feelings and violent passions -- their visible and invisible harm

## XII. REFLECTIONS

## XIII. HUMAN EXPERIENCE

situation -- events -- lessons -- world crises -- reflections in old age  
-- reflections on youth

## XIV. THE ARTS IN CULTURE

appreciation -- creativity -- genius -- art experience and mysticism -- reflections on pictures, sculpture, literature, poetry, music

## XV. THE ORIENT

meetings with the occident -- oriental people places, practices -- sayings of philosophers  
-- schools of philosophy

## XVI. THE SENSITIVES

psychic and auric experiences -- intuitions  
-- sects and cults

## XVII. THE RELIGIOUS URGE

origin -- recognition -- manifestations  
-- traditional and less known religions  
-- connection with philosophy

## XVIII. THE REVERENTIAL LIFE

prayer -- devotion -- worship -- humility  
-- surrender -- graces: real and imagined

## XIX. THE REIGN OF RELATIVITY

consciousness is relative -- dream, sleep and wakefulness -- time as past, present and future -- space -- twofold standpoint -- void as metaphysical fact

XX. WHAT IS  
definition  
-- balance

XXI. MENTAL  
mind and th  
mental expe  
to spiritual

XXII. INSP  
intuition  
the comple  
-- glimpses

XXIII. ADVA  
Bird's dire  
practice --  
-- "why Bud  
~~Identity~~ ex  
exercise --  
experience

XXIV. THE  
be calm --  
-- seek th

XXV. WORLD  
their meeti  
-- enlighte  
and sages

XXVI. WORL  
divine orde  
as universa  
complimenta  
universe --

XXVII. WORL  
God as the  
as Mind-In-

XXVIII. THE  
Mind-In-Its  
-- As Absol



independent path  
groups -- self development  
teacher

QUEST FOR THE QUEST  
path -- work on oneself

AND RETREAT  
pauses -- tension and  
relax body, breath, mind  
centers -- solitude  
appreciation -- sunset

RY MEDITATION  
conditions -- wandering  
practise concentrated  
meditative thinking  
d images -- mantrams -- symbols  
ons and suggestions

cleansings -- food  
and postures -- breathings  
rtance, influence, effects

AND ETHICS  
cter -- re-educate feelings  
e emotions -- purify passions  
t and courtesy -- avoid

ELLECT  
rvice -- development  
training -- science  
cs -- abstract thinking

the I-thought -- the psyche

TH TO REBIRTH  
f dying -- after death  
past tendencies -- destiny  
astrology

X. MAN HEAL THYSELF  
karma connection with health -- life-force  
in health and sickness -- drugs <sup>and drink</sup> in mind-  
body relationship -- etheric and astral  
bodies in health and sickness -- mental  
disorders -- psychology and psychoanalysis

XI. THE NEGATIVES  
nature -- roots in ego -- presence in the  
world -- in thoughts, feelings and  
violent passions -- their visible and  
invisible harm

XII. REFLECTIONS

XIII. HUMAN EXPERIENCE  
situation -- events -- lessons -- world  
crises -- reflections in old age  
-- reflections on youth

XIV. THE ARTS IN CULTURE  
appreciation -- creativity -- genius -- art  
experience and mysticism -- reflections on  
pictures, sculpture, literature, poetry,  
music

XV. THE ORIENT  
meetings with the occident -- oriental people  
places, practices -- sayings of philosophers  
-- schools of philosophy

XVI. THE SENSITIVES  
psychic and auric experiences -- intuitions  
-- sects and cults

XVII. THE RELIGIOUS URGE  
origin -- recognition -- manifestations  
-- traditional and less known religions  
-- connection with philosophy

XVIII. THE REVERENTIAL LIFE  
prayer -- devotion -- worship -- humility  
-- surrender -- grace: real and imagined

XIX. THE REIGN OF RELATIVITY  
consciousness is relative -- dream, sleep and  
wakefulness -- time as past, present and  
future -- space -- twofold standpoint -- void  
as metaphysical fact

XX. WHAT IS PHILOSOPHY  
definition -- completeness  
-- balance -- fulfillment in man

XXI. MENTALISM  
mind and the five senses -- world as  
mental experience -- mentalism is key  
to spiritual world

XXII. INSPIRATION AND THE OVERSELF  
intuition the beginning -- inspiration  
the completion -- its presence  
-- glimpses

XXIII. ADVANCED CONTEMPLATION  
Bird's direct path -- exercises for  
practice -- contemplative stillness  
-- "why Buddha smiled" -- Heavenly Way  
~~Identity~~ exercise -- Serpent's Path  
exercise -- void as contemplative  
experience

XXIV. THE PEACE WITHIN YOU  
be calm -- practice detachment  
-- seek the deeper Stillness

XXV. WORLD MIND IN INDIVIDUAL MIND  
their meeting and interchange  
-- enlightenment which stays -- saints  
and sages

XXVI. WORLD IDEA  
divine order of the universe -- change  
as universal activity -- polarities,  
complimentaries, and dualities of the  
universe -- true idea of man

XXVII. WORLD MIND  
God as the Supreme Individual -- God  
as Mind-In-Activity -- As Solar Logos

XXVIII. THE ALONE  
Mind-In-Itself -- The Unique Mind  
-- As Absolute





### XIII. THE WORLD MIND

- Divine Order in the universe
- change as universal activity

### XIV. FROM BIRTH TO REBIRTH

- from death to life
- tendencies from the past
- astrology and destiny

### XV. THE REIGN OF RELATIVITY

- in consciousness
- in sleep
- in dream
- in time
- in space
- the world as appearance
- the twofold standpoint

### XVI. ABSOLUTE MIND

- infinite being
- eternal being
- timelessness

### XVII. WAY TO THE OVERSELF

- long path of the ant
- direct path of the bird
- why Buddha smiled

### XVIII. THE GOD WITHIN

- the relation of World Mind with little mind
- established in the Overself

### XIX. RELIGION

- its origins
- its need
- differences and organizations in world religions

### XX. THE SENSITIVES

- their psychic and auric experiences

- their intuitions
- their mystic experiences

### XXI. THE WORLD IDEA

### XXII. THE REVERENTIAL LIFE

- prayer
- devotion
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II. HEALTH AND NERVE

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take intermittent pauses  
withdraw from nervous tension  
and city pressures  
retreat, centers, and calmness  
nature appreciation

III. MEDITATION

theory  
practice  
concentrate attention  
meditative thinking  
contemplative stillness  
to overcome wandering of thoughts  
to exercise on abstract ideas  
visualize mental images  
remember the Overself periodically

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independent parts  
co-ordinated parts  
self-development  
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TENTATIVE REORDER OF CLASS SEQUENCE

- I. WHAT IS PHILOSOPHY? (V)
- II. THE PATH (IV)
- III. RELAX AND RETREAT (II)
- IV. THE BODY (VIII)
- V. EMOTIONS AND ETHICS (VI)
- VI. THE INTELLECT (VII)
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- II. PRACTICES FOR THE QUEST (xvii)
- III. RELAX AND RETREAT (ii)
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XIV. THE ARTS

creativity in the arts  
philosophic value of art experience  
appreciation and genius

XV. ORIENT AND OCCIDENT

their meeting with the occident  
their mutual service and disservice  
(oriental people, places, practices)  
(thought and sayings of individual  
philosophers, or schools) of philosophy

XVI. THE SENSITIVES

their psychic and auric experiences  
their intuitions  
(sects)  
(cults)  
(mental effects of drugs)  
(spiritual impressarios)  
(messages from within)  
(criticism of disturbed folk)

XVII. WHAT IS RELIGION'S URGE

its origins  
its need recognition  
differences and organizations in  
world religions (and less-known)  
(traditional religions)  
(primarily Christian -  
oriental under XV)  
its connection with philosophy

XVIII. THE REVERENTIAL LIFE

prayer  
devotion  
worship  
humility  
surrender  
(preparations for grace)

XIX. THE REIGN OF RELATIVITY

in consciousness  
in dream and sleep  
in time and space  
the world as appearance  
the twofold standpoint  
(illusion)  
(yin and yang)  
(the past as time)  
(the void as metaphysical fact)

XX. WHAT IS PHILOSOPHY

definition  
its completeness  
its balance  
(life of an enlightened man)  
(all items on balance)

XXI. MENTALISM

the mind and the senses  
world as mental experience

XXII. INSPIRATION AND THE OVERSELF

its nature  
its presence  
its contact  
glimpses  
(evolution of intuition)

XXIII. ADVANCED CONTEMPLATION

exercises for practice  
contemplative stillness  
direct path of the bird  
"why Buddha smiled"  
(remembrance exercise)  
(Heavenly Identity)  
(informal exercises) *Kavalary titles*  
(the void as advanced contemplative state)

XXIV. THE PEACE WITHIN YOU

cultivate calm *its importance (Brahmin)*  
seek inner peace  
(stillness) *its supremacy*

XXV. THE GOD WITHIN

the relation of the World Mind's *function*  
with little mind  
established in the Overself  
(difference between saint and sage)  
(high level teachers)  
(sages)

XXVI. THE WORLD IDEA

divine order in the universe  
change as universal activity  
(human evolution from the animals)  
(importance of being a human)  
(yin and yang) *the idea of man*

XXVII. THE WORLD MIND

XXVIII. MIND-IN-ITSELF

infinite being  
eternal being  
timelessness  
(void, and experience of void)  
(~~void~~)  
(pure consciousness)  
(serpent's path exercise) TR XXIII

XIV. THE EAST

creativity in the arts  
philosophic value of art experience  
appreciation and genius

XV. CULTURE AND SOCIETY

their mutual service and disservice  
oriental people, places, practices  
thought and ways of individuals  
philosophers, or schools of philosophy

XVI. THE SENSITIVE

their psychic and artistic experiences  
their intuitions  
their way  
(arts)  
mental effects of drugs  
spiritual immortality  
senses from within  
experience of individual faith

XVII. THE BELIEVER

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the seed  
diversity and organization in  
social systems  
traditional religions  
formality, limitation  
oriental mind (IV)  
the world as a whole  
XVIII. THE UNIVERSAL

prayer  
devotion  
worship  
humility  
surrender  
(preparation for grace)

XIX. THE WAY OF RELIGIVITY

in consciousness  
in dream and sleep  
in time and space  
the world as appearance  
the world standpoint  
(relativity)  
(time and space)  
(the past as time)  
(the world as a whole)

XX. WHAT IS IMPLICIT

belief  
its completeness  
its balance  
(life of the enlightened man)  
(the world as a whole)

XI. MENTALISM

the mind and the senses  
world as mental experience

XII. INTUITION AND THE OVERWORLD

its nature  
its presence  
its contact  
clairvoyance  
(exercises of intuition)

XIII. ADVANCED CONTEMPLATION

exercises for practice  
contemplative stillness  
direct path of the bird  
why heathen united

(remembrance exercises)  
(Heavenly Identity)  
(internal exercises)  
(the world as a whole)

XIV. THE PATH WITHIN YOU

cultivate calm - the path within  
look inward - peace  
stillness - the path within

XV. THE GOD WITHIN

the world as a whole  
the world as a whole  
the world as a whole  
the world as a whole  
the world as a whole

XVI. THE WORLD AS A WHOLE

divine order in the universe  
change as universal activity  
(the world as a whole)

XVII. THE WORLD AS A WHOLE

XVIII. MIND-TO-THINK  
infinite being  
eternal being  
timelessness  
(world, and experience of world)  
(consciousness)  
(the world as a whole)  
T A T

**I. THE QUEST**

its choice  
 independant paths  
 organized groups  
 self development (cf VI)  
 effects of youth  
 (student/<sup>teacher</sup>guru relation)  
~~stet~~ (all comments, criticisms of youth) *tr to XIII*

**II. PRACTICES FOR THE QUEST**

long path of the ant  
 (work to be done)

**III. RELAX AND RETREAT**

take intermittant pauses  
 withdraw from tension and pressure  
 relax **body, breath, mind**  
 centers for retreat  
 nature appreciation  
 (solitude)  
 (privacy)  
 (descriptions of sunsets)  
 (other nature descriptions)

**IV. ELEMENTARY MEDITATION**

control wandering thoughts  
 practice concentrated attention  
 meditative thinking  
 exercises for practice  
 visualized images  
 mantrams  
 symbols  
 affirmations  
 mental suggestions  
 X (formal practices)  
 (proper environment)

**V. THE BODY**

its hygiene and cleansings  
 its food  
 exercises to practice  
 its breathings  
 (sex)  
 TR (purely physical items)

**VI. EMOTIONS AND ETHICS**

uplift character  
 re-educate feelings  
 discipline emotions  
 purify passions  
 philosophic value of courtesy  
 and refinement  
 (marriage) TR & XIII  
 (fanaticism as a trait)  
 (overcoming personal faults) *(I)*

**VII. THE INTELLECT**

its nature  
 its services  
 its development  
 train it semantically  
 (science)  
 (academic philosophy) *shortcomings*  
 (PB on his writing) *Wendell*  
 (metaphysics) *abstract thinking*  
 (discursive mind)

**VIII. THE EGO**

what am I?  
 the I-thought  
 the psyche  
 (philosophic view of ego)

**IX. FROM BIRTH TO REBIRTH**

from death to life  
 tendencies from the past  
 astrology and destiny  
*experiences of* (process of dying)  
 (any items on death)  
 (karma) *fate and destiny*  
 (free will)

**X. MAN HEAL THYSELF**

mental and emotional effects on health  
 karmic connection with it  
 harm of negative feelings  
 the life-force contribution to healing  
 (effect of drugs on health)  
 (philosophic importance of mind-body) *relationships*  
 (etheric and astral body) *in health + block*  
 (mental effect of suggestions and  
 auto-suggestions on physical body)  
 (mental disorders)  
 (parapsychology) *psychology, psychoanalysis*

**XI. THE NEGATIVES**

its nature  
 its roots in ego  
 its presence in mind and the world  
 in thoughts, feelings and passions  
 (violence)

**XII. HAPPENINGS ON THE WAY**

TR (descriptions of Lake Geneva & Switzerland) *(III)*  
 ((mob))

**XIII. HUMAN EXPERIENCE**

situation  
 events  
 lessons *e.e.*  
 (world crisis)  
 (politics)  
 (trust in guru) (also put in XII) *(I)*  
 (old age, its fruits and failures)  
*No reflection on last*

*effect of youth*  
*marriage*



**I. THE QUEST**

its choice  
independant paths  
organized groups  
self development  
~~the student teacher relation~~

**II. PRACTICES FOR THE QUEST**

long path of the ant's  
work to be done on oneself  
seek inner peace

**III. RELAX AND RETREAT**

take intermittant pauses  
withdraw from tension and pressure  
relax body, breath, mind  
centers for retreat

solitude  
nature appreciation  
sunsets / contemplations  
place + conditions

**IV. ELEMENTARY MEDITATION**

control wandering thoughts  
practice concentrated attention  
meditative thinking  
exercises for practice  
visualized images  
mantrams  
symbols  
affirmations and  
mental suggestions  
proper environment

**V. THE BODY**

its hygene and cleansings  
its food  
exercises to practise and postures  
its breathings  
physical sex: importance influences, effects

**VI. EMOTIONS AND ETHICS**

uplift character  
re-educate feelings  
discipline emotions  
purify passions  
philosophic value of courtesy  
and refinement and  
fanaticism as a trait  
avoid

**VII. THE INTELLECT**

its nature  
its services  
its development  
train it semantically ing  
science  
~~academic philosophy's shortcomings~~  
literature  
metaphysics -- abstract thinking  
discursive mind

**VIII. THE EGO**

what am I?  
the I-thought  
the psyche  
philosophic view of ego

**IX. FROM BIRTH TO REBIRTH**

from death to life  
tendencies from the past  
astrology and destiny  
experience of dying - after death - rebirth - past  
fate and destiny -  
free will dom -

**X. MAN HEAL THYSELF**

mental and emotional effects on health  
karmic connection with it  
harm of negative feelings  
the life-force contribution to healing in  
effect of drugs on health  
on mind-body relationship  
etheric & astral bodies in health & sickness  
mental effect of suggestions and  
auto-suggestions on physical body  
mental disorders  
psychology and psychonalysis

**XI. THE NEGATIVES**

its nature  
its roots in ego  
its presence in mind and the world  
in thoughts, feelings and passions - triumph  
violence  
visible and invisible

**XII. HAPPENINGS ON THE WAY**

Reflections





XIII. HUMAN EXPERIENCE

situation  
events  
lessons  
world crises

*old age, its reflections on past*  
*criticisms of youth*  
*marriage*

XIV. THE ARTS

*in culture*

~~creativity and genius in the arts~~  
value of art experience and *mysticism*  
appreciation  
*Reflections on pictures -*  
*and prose - literature & poetry - music*

XV. THE ORIENT

~~its meetings with the occident~~  
~~their mutual service and disservice~~  
oriental people, places, practices  
sayings of philosophers  
schools of philosophy

XVI. THE SENSITIVES

~~their psychic and auric experiences~~  
~~their intuitions~~  
sects and cults  
~~mental effects of drugs~~  
~~messages from within~~

XVII. THE RELIGIOUS URGE

its origins  
its recognition  
its manifestations  
traditional and less known religions  
its connection with philosophy

XVIII. THE REVERENTIAL LIFE

prayer  
devotion  
worship  
humility  
surrender  
true forms of grace; *real and imagined*

XIX. THE REIGN OF RELATIVITY

in consciousness *is relative*  
in dream and sleep *wakefulness*  
in time as past, present, & future  
in space  
the world as appearance and reality  
the twofold standpoint  
the void as metaphysical fact

*contemplation*

XX. WHAT IS PHILOSOPHY

definition  
~~its completeness~~  
~~its balance~~  
~~its fulfillment in man~~

XXI. MENTALISM

*five*  
the mind and the senses  
world as mental experience  
*the key to mentalism is key to*  
*spiritual world*

XXII. INSPIRATION AND THE OVERSELF

~~its beginnings as intuition~~  
~~its completion as inspiration~~  
its nature  
its presence  
its contact  
glimpses

XXIII. ADVANCED CONTEMPLATION

exercises for practice  
contemplative stillness  
*Direct path of the Bird's*  
~~informal exercises (awaiting titles)~~  
"why Buddha smiled"  
~~reorientation exercise~~  
Heavenly Identity *exercise*  
the Serpent's Path *exercise*  
the void as contemplative state  
*void as contemplative experience*

XXIV. THE PEACE WITHIN YOU

cultivate calm *practice calm about you*  
Stillness -- ~~its supremacy~~

XXV. WORLD MIND IN INDIVIDUAL MIND

their meeting *and*  
~~their interchange~~  
the enlightenment which stays  
saints and sages

XXVI. WORLD IDEA

divine order *in* the universe  
change as universal activity  
the true idea of man  
polarities, complimentaries, *and* dualities  
of the universe

XXVII. WORLD MIND

God *as* the Supreme Individual  
God *as* Mind-In-Activity  
*As* The Solar Logos

XXVIII. THE ALONE

Mind-In-Itself  
~~Consciousness~~  
The Unique Mind  
~~Mind Alone~~  
*as* The Absolute



I THE QUEST  
1 its choice -- independent path -- ~~organizational~~  
2 organized groups -- self development  
3 student teacher

II PRACTICES FOR THE QUEST  
1 yatin's long path -- work on oneself

III RELAX & RETREAT  
1 intermittent pauses -- tension and  
2 pressure -- relax body, breath, mind  
3 --- retreat centers -- solitude  
4 -- nature appreciation -- sunset  
5 contemplation

IV ELEMENTARY MEDITATION  
1 place and conditions -- wandering  
2 thoughts -- practice concentrated  
3 attention -- meditative thinking --  
4 visualized images --- mantras - symbols  
5 affirmations and suggestions

V THE BODY (P)  
1 Hygiene and cleansings -- food  
2 -- exercises and postures -- breathings  
3 -- sex: importance, influence, effects

VI EMOTIONS & ETHICS  
1 uplift character -- re-educate feelings  
2 -- discipline emotions -- purify passions  
3 -- refinement and courtesy -- avoid  
4 fanaticism &

VII THE INTELLECT  
1 nature -- services -- development  
2 -- semantic training -- science --  
3 metaphysics -- abstract thinking

VIII THE EGO  
1 what am I? -- the I-thought -- the psyche

IX FROM BIRTH TO REBIRTH  
1 experience of dying -- after death --  
2 rebirth -- past tendencies -- destiny --  
3 freedom -- astrology

X MAN HEAL HIMSELF  
1 kara connection with health -- life-force  
2 in health and sickness -- drugs in mind-  
3 body relationship -- etheric and astral  
4 bodies in health and sickness -- mental  
5 disorders -- psychology and psychonalysis

XI THE NEGATIVES  
1 nature -- roots in ego -- presence in the  
2 world -- in thoughts, feelings and violent  
3 violent passions -- their visible and  
4 invisible harm

XII REFLECTIONS

XIII HUMAN EXPERIENCE  
1 situation -- events -- lessons -- world  
2 crises -- reflections in old age --  
3 reflections on youth

XIV THE ARTS IN CULTURE  
1 appreciation -- creativity -- genius -- art  
2 experience and mysticism -- reflections on  
3 pictures, sculpture, literature, poetry,  
4 music

XV ORIENT  
1 meetings with the occident -- oriental people  
2 places, practices -- sayings of philosophers  
3 -- schools of philosophy

XVI THE SENSITIVES  
1 psychin and auric experiences -- intuitions  
2 -- sects and cults

XVII THE RELIGIOUS URGE  
1 origin -- recognition -- manifestations --  
2 traditional and less known religions --  
3 connection with philosophy

XVIII THE REVERENTIAL LIFE  
1 prayer -- devotion -- worship -- humility --  
2 -- surrender -- grace: real and imagined

XIX THE REIGN OF RELATIVITY  
1 consciousness is relative -- dream, sleep and  
2 wakefulness -- time as past, present and  
3 future -- space -- twofold standpoint -- void  
4 as metaphysical fact

XX WHAT IS PHILOSOPHY  
1 definition -- completeness -- balance  
2 -- fulfillment in man

XXI MENTALISM  
1 mind and the five senses -- world as mental  
2 experience -- mentalism is key to spiritual  
3 world

XXII INSPIRATION AND THE OVERSELF  
1 intuition, the beginning -- inspiration the  
2 completion -- its presence -- glimpses

XXIII ADVANCED CONTEMPLATION  
1 Birats direct path -- exercises for practice  
2 -- contemplative stillness -- "why Buddha  
3 smiled" -- Heavenly Identity Exercise --  
4 Serpent's path exercise -- void as contemplative  
5 experience

XXIV THE PEACE WITHIN YOU  
1 cultivate calm -- practice calm absorption  
2 -- Stillness -- the Supreme  
3 *be calm - practice detachment - seek the deeper Stillness*

XXV WORLD MIND IN INDIVIDUAL MIND  
1 their meeting and interchange -- enlightenment  
2 which stays -- saints and sages

XXVI THE WORLD IDEA  
1 divine order of the universe -- change as  
2 universal activity -- polarities, ~~complementary~~  
3 complementaries, and dualities of the universe  
4 -- true idea of man

XXVII THE WORLD MIND  
1 God as the Supreme Individual -- God as



- I. THE QUEST: A:ITS CHOICE B:independant path C:organized groups D:self-development E:student-teacher
- II. PRACTICES FOR THE QUEST: A:ant's long path B:work on oneself (ASP:ascetics and possessions ASC:asceticism SVC: service
- III. RELAX AND RETREAT A:intermittant pauses B:tension & pressure C:relax body, breath, mind D:retreat centers E:solitude F:nature appreciation G:sunset contemplation
- IV. ELEMENTARY MEDITATION A:place and conditions B:wandering thoughts C:practice concentrated attention D:meditative thinking E:visualized images F:mantrams G:symbols H:affirmations and suggestions [A/DAN:dangers D/SE:self-examination
- V. THE BODY A:hygene and cleansings B:food C:exercises & postures D:breathings E:sex-importance, influence, effects
- VI. EMOTIONS & ETHICS A:uplift character B:re-educate feelings C:discipline emotions D:purify passions E:refinement & courtesy F:avoid fanaticism
- VII. THE INTELLECT A:nature B:services C:development D:semantic training E:science F:metaphysics G:abstract thinking
- VIII. THE EGO A:what am I B:the I-thought C:the psyche
- IX. FROM BIRTH TO REBIRTH A:experience of dying B:after death C:rebirth D:past tendencies E:destiny F:freedom G;astrology
- X. MAN HEAL THYSELF A:karma connection with health B:life force in health and sickness C:drugs in mind-body relationship D:etheric & astral bodies in health & sickness E:mental disorders F:psychology & psychoanalysis G:synthesis not friction needed H:its limitations & failure I:earthly life inseperable from decay,suffering & death J:hypnotic & spiritistic methods unsatisfactory; other lower forms of healing K:high spiritual consciousness in sickness; effect of sickness on development L:mental and emotional causes of illness; body's effect on emotions M:true spiritual healing N:Christian Science O:medicine P:exercises Q:healers
- XI. THE NEGATIVES A:nature B:roots in ego C:presence in the world D:in thoughts feelings and violent passions E:their visible and invisible harm
- XII. REFLECTIONS PB:PB
- XIII. HUMAN EXPERIENCE A:situation B:events C:lessons D:world crisis E:reflections in old age F:reflections on youth [EDUC:education
- XIV. THE ARTS IN CULTURE A:appreciation B:creativity C:genius D:art experience & mysticism E:reflections on pictures,sculpture,literature,poetry,music [E/MOD:modern art ENV:environment E/WRI:writing E/CRWI:act of writing E/WRSP: inspired writing E/MUS:music E/CIN:cinema E/PNT:painting E/ARC:architecture E/SCLP:sculpture E/STG:stage
- XV. ORIENT A:meetings with the occident B:oriental people,places, practices C:sayings of philosophy D:schools of philosophy

C:sayings of philosophers D:schools of philosophy  
IV. ORIENT A:meetings with the occident B:oriental people, places, practices  
E\SCULPTURE E\STG:stage  
I\MOD:modern art ENV:environment E\WRI:writing E\CRWI:act of writing E\WRSP:  
& mysticism E:reflections on pictures, sculpture, literature, poetry, music  
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on emotions M:true spiritual healing N:Christian Science O:medicine P:exer-  
sickness on development L:mental and emotional causes of illness; body's effect  
lower forms of healing I:high spiritual consciousness in sickness; effect of  
ecay, suffering & death J:hypnotic & spiritistic methods unsatisfactory; other  
friction needed H:its limitations & failure I:earthly life inseparable from  
& sickness E:mental disorders F:psychology & psychoanalysis G:synthesis not  
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tendencies E:destiny F:freedom G:astrology  
IX. FROM BIRTH TO REBIRTH A:experience of dying B:after death C:rebirth D:past  
VIII. THE EGO A:what am I B:the I-thought C:the psyche  
E:science F:metaphysics G:abstract thinking  
VII. THE INTELLECT A:nature B:services C:development D:semantic training  
otions D:purify passions E:refinement & courtesy F:avoid fanaticism  
VI. EMOTIONS & ETHICS A:uplift character B:re-educate feelings C:discipline em-  
E:sex-importance, influence, effects  
THE BODY A:hygiene and cleansings B:food C:exercises & postures D:breathings  
G:symbols H:affirmations and suggestions [A\DNA:dangers D\SE:self-examination  
concentrated attention D:meditative thinking E:visualized images F:mantras  
IV. ELEMENTARY MEDITATION A:place and conditions B:wandering thoughts C:practices  
breath, mind D:retreat centers E:solitude F:nature appreciation G:sunset  
III. RELAX AND RETREAT A:intermittent pauses B:tension & pressure C:relax body,  
and possessions ASC:asceticism SVC:service  
II. PRACTICES FOR THE QUEST A:ant's long path B:work on oneself (ASP:ascetics  
development E:student-teacher  
I. THE QUEST A:ITS CHOICE B:independent path C:organized groups D:self-

**XIX. THE REIGN OF RELATIVITY. . . .xv**

- in consciousness
- in dream and sleep
- in time and space
- the world as appearance
- the twofold standpoint

*what as illusion, vis à vis the Real.*

*VIN/YANU*

**XX. WHAT IS PHILOSOPHY. . . . . v**

- definition
- its completeness
- its balance

*life of an enlightened man*

**XXI. MENTALISM. . . . . x**

- the mind and the senses
- world as mental experience

**XXII. INSPIRATION AND THE OVERSELF..i, xii**

- its nature
- its presence
- its contact
- glimpses

*inspiration evolution*

**XXIII. ADVANCED CONTEMPLATION...iii, xvii**

- exercises for practice
- contemplative stillness
- direct path of the bird
- why Buddha smiled

**XXIV. THE PEACE WITHIN YOU. . . xxvii**

- cultivate calm
- seek inner peace

**XXV. THE GOD WITHIN. . . . .xviii**

- the relation of World Mind with little mind
- established in the Overself

**XXVI. THE WORLD IDEA. . . . . xxi**

*Human evolution*

**XXVII. THE WORLD MIND. . . . . xiii**

- Divine Order in the universe
- change as universal activity

**XXVIII. MIND-IN-ITSELF. . . . . xvi**

- infinite being
- eternal being
- timelessness

*vowel*

*science? human evolution? world crisis?*





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I. THE QUEST. . . . . iv  
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independant paths  
organized groups  
self-development  
effects of youth

*STROBOT  
GUYAN RELAT  
WRITING?*

II. PRACTICES FOR THE QUEST. . . . . xvii  
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*WORK TO THE GOAL*

III. RELAX AND RETREAT. . . . . ii  
take intermittant pauses  
withdraw from tension and pressure  
relax body, breath, mind  
centers for retreat  
nature appreciation

*solitude  
meditation*

IV. ELEMENTARY MEDITATION. . . . . iii, xxviii  
control wandering thoughts  
practice concentrat@d attention  
meditative thinking  
exercises for practice  
visualized images  
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symbols  
affirmations  
mental suggestions

V. THE BODY. . . . . viii  
its hygiene and cleansings  
its food  
exercises to practice  
its breathings

*act*

VI. EMOTIONS AND ETHICS. . . . . vi  
uplift character  
re-educate feelings  
discipline emotions  
purify passions  
philosophic value of courtesy  
and refinement

*Sanctity?  
Dance  
Permit  
Guilt*

VII. THE INTELLECT. . . . . vii  
its nature  
its services  
its development  
train it semantically

*Science  
academic phil*

VIII. THE EGO. . . . . xi  
what am I?  
the I-thought  
the psyche

*phil. world  
ego*

IX. FROM BIRTH TO REBIRTH. . . . . xiv  
from death to life  
tendencies from the past  
astrology and destiny

X. MAN HEAL THYSELF. . . . . xxvi  
mental and emotional effects upon ~~it~~ health  
karmic connection with it  
importance of negative feelings  
the life-force contribution to healing

XI. THE NEGATIVES. . . . . ix  
its nature  
its roots in ego  
its presence in mind and the world  
in thoughts, feelings and passions

XII. HAPPENINGS ON THE WAY. . . . . xxiv

*Disturbance  
D. H. Lawrence  
be not so late in  
sin to come*

XIII. HUMAN EXPERIENCE. . . . . xxv  
situation  
events  
lessons

*discipline  
hardly to sum  
world  
crisis  
POLITICS.*

XIV. THE ARTS. . . . . i  
creativity in the arts  
philosophic value of art experience,  
appreciation, and genius

XV. ORIENT AND OCCIDENT. . . . . xxiii  
their meeting  
their mutual service and disservice

*Their  
Thought*

XVI. THE SENSITIVES. . . . . xx  
their psychic and auric experience  
their intuitions  
their mystic experiences

*sects*

*mental effect of drugs  
memory for  
etc*

XVII. WHAT IS RELIGION. . . . . xix  
its origins  
its need  
differences and organizations in world  
religions

XVIII. THE REVERENTIAL LIFE. . . . . xxii  
prayer  
devotion  
worship  
humility  
surrender

*preparations to receive grace*



I. PREFATORY

- II. WORLD CRISIS (evil, deterioration of culture, character, conduct)
- III. RELIGION (devotion, grace, dangers & benefits of institutions)
- IV. MESSENGERS (prophets, teachers, services and disservices)
- V. RETREATS (solitude, need of meditation)
- VI. MEDITATION (theory, practice)
- VII. SPECIAL CONCENTRATION PRACTICES (mantrams, mandalas, symbols, suggestions)
- VIII. PSYCHIC EXPERIENCES AND POWERS (dangers, errors, delusions)
- IX. DAILY LIFE IN THE WORLD (lessons of experience, tests)
- X. THE QUEST (three levels)
- XI. LONG AND SHORT PATHS (rememberance, identity, witness practices)
- XII. BALANCE (equanimity)
- XIII. PHYSICAL BODY (diet, sex, disciplines)
- XIV. EMOTIONS (morals)
- XV. INTELLECT (logic, limitations, services)
- XVI. HEALING (psychosomatics, psychotherapy, herbal medicines)
- XVII. THE EGO
- XVIII. DEATH, REBIRTH AND KARMA
- XIX. INDIVIDUAL MENTALISM
- XX. RELATIVITY OF CONSCIOUSNESS (waking, dream, sleep, time)
- XXI. OVERSELF
- XXII. PEACE IN ME
- XXIII. INTUITION
- XXIV. COSMIC MENTALISM (World-mind)
- XXV. WORLD IDEA
- XXVI. ART
- XXVII. ASIA (life, thought)
- XXVIII. NEXT BOOK



- ~~test~~ individual & mit'l Karma

## XV THE REGION OF RELATIVITY

↳ in sleep

- in dream

- in consciousness

- in time

- in space

- The world as appearance

- The twofold standpoint

## XVI ABSOLUTE MIND

- ~~infinity~~ infinite by

- eternal by

- timelessness

## XVII WAY TO THE OE

- long path of the ant

- direct path of the bird

- why Buddha smiled

## XVIII THE PRO W/IN

- The relation of WM w/ little mind

- established in the OE

## XIX RELIGION

- its origins.

- a need

- differences of organizations in  
world religions

- The physical aura

### IX THE NEGATIVE SIDE

- its nature
- its roots in ego
- its presence in mind of the world
- its hates and resentments

### X MENTALISM

- the mind of the senses
- world as mental experience

### XI THE EGO

- what am I?
- The I-Thought
- The psyche

### XII THE OE

ibid

- its nature
- its presence
- its contact
- glimpses

### XIII The World-mind

XVI

The ~~World~~ <sup>World</sup> Idea

- Divine Order in the ~~universe~~ <sup>universe</sup>
- Change as Universal activity

### XIV FROM BIRTA DOKERBIRTA

- from death to life
- tendencies from the past
- astrology & destiny

# Rewrite of Categories

## CLASS INDEX

separate es  
shd w/ dash  
& strik. fresh line

### I. ART & INSPIRATION ← CAPITAL BLOCK

- creativity in art, music, poetry, literature
- art. experience
- art appreciat
- genius.

### II. RELAX & RETREAT

- relax body, the breath, mind
- take intermittent pauses
- withdraw from ~~city pressures~~ nervous tension & city pressures
- retreats, centers, & ashrams.
- nature appreciation

### III. MEDITATION

- theory
- practice
- concentrate effort
- meditative thinking
- contemplative stillness
- to overcome wandering of thoughts
- to exercise on abstract ideas
- visualizing mental images
- remember the OE periodically

### IV. THE PATH

- its choice
- independent paths
- organical groups
- self-development
- uplift character

- effects of youth & age

## VI WHAT IS PIETY.

- definit
- its completeness COMPLETIONS
- its balance

## VII EMOTIONS & ETHICS

- uplift character
- reduce the feels, ~~disrupt~~
- discipline emot's
- purify passions
- seek moral E - betterment
- cultivate refinement <sup>in ment</sup> courtesy of  
face, ~~manner~~ behaviour, speech

## VIII THE INTELLECT

- its nature
- its services
- its development
- ~ ~~cultivate~~ ~~semantics~~  
train it semantically

## IX THE BODY

- its hygiene
- its food
- its exercises, for particular purposes
- its dressings
- its breathings



red indicates former number

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NEW

*Intermedial*

red indicates former number

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XXVI. THE WORLD IDEA.....xxi

XXVII. THE WORLD MIND.....xiii

XXVIII. MIND BEYOND MIND.....xvi



I. ART AND INSPIRATION  
 -creativity in art, music, poetry  
 -literature  
 -art experience  
 -art appreciation  
 -genius

II. RELAX AND RETREAT  
 -relax body, the breath, mind  
 -take intermittent pauses  
 -withdraw from nervous tensions and city pressures  
 -retreats, centers, and ashrams  
 -nature appreciation

III. MEDITATION  
 -theory / formal practices  
 -practice  
 -concentrate attention  
 -meditative thinking  
 -contemplative stillness  
 -overcome wandering of thoughts  
 -exercise for abstract ideas  
 -visualized mental images  
 -remember the Overself periodically

IV. THE PATH  
 -its choice  
 -independent paths  
 -organized groups  
 -self-development  
 -effects of youth and age

V. WHAT IS PHILOSOPHY  
 -definition  
 -its completeness  
 -its balance

VI. EMOTIONS AND ETHICS  
 -uplift character  
 -re-educate feelings  
 -discipline emotions  
 -purify passions  
 -seek moral self-betterment  
 -cultivate refinement, courtesy of taste, behaviour, speech

VIII THE BODY  
 -its hygiene  
 -its food  
 -its exercises for particular purposes  
 -its cleansings  
 its breathings

VII. THE INTELLECT  
 -its nature  
 -its services  
 -its development  
 -train it semantically

IX. THE NEGATIVES SIDE  
 -its nature  
 -its roots in ego  
 -its presence in mind and the world  
 -its hates and resentments

X. MENTALISM  
 -the mind and the senses  
 -world as mental experience

XI. THE EGO  
 -what am I?  
 -the I-thought  
 -the psyche

XII. THE OVERSELF  
 -its nature  
 -its presence  
 -its contact  
 -glimpses

XIII. THE WORLD-MIND  
 -Divine Order in the universe  
 -change as universal activity

XIV. FROM BIRTH TO REBIRTH  
 -from death to life  
 -tendencies from the past  
 -astrology and destiny

XV. THE REIGN OF RELATIVITY  
 -in consciousness  
 -in sleep  
 -in dream  
 -in time  
 -in space  
 -the world as appearance  
 -the twofold standpoint

XVI. ABSOLUTE MIND  
 -infinite being  
 -eternal being  
 -timelessness

XVII. WAY TO THE OVERSELF  
 -long path of the ant  
 -direct path of the bird  
 -why Buddha smiled  
 -Remembrance exercise

*philosophy, literature, art experience, art appreciation, genius*

*privacy, nervous tensions, city pressures, retreats, centers, and ashrams, nature appreciation*

*theory / formal practices, practice, concentrate attention, meditative thinking, contemplative stillness, overcome wandering of thoughts, exercise for abstract ideas, visualized mental images, remember the Overself periodically*

*2 choices to may, on down, or the quest, all questions of you*

*balance, equilibrium*

*re-educate feelings, discipline emotions, marriage, purify passions, seek moral self-betterment, cultivate refinement, courtesy of taste, behaviour, speech*

*its hygiene, its food, its exercises for particular purposes, its cleansings, its breathings, PURELY ANSWER (PSYCHOLOGICAL IS NOT)*

*metaphysics, discursive mind, all questions of writings*

*all violence*

*AFD*

*4/10/84/80 G*

*evolution, the importance of being a human being, that of approaching death*

*Karma, free will, deals with time, the past*

*pure consc., serpent's path exercise, sageo*

*Remembrance exercise*

XVIII. THE GOD WITHIN

- difference between saint & sage

- the relation of World Mind with little mind - high level teachers
- established in the Overself

XIX. RELIGION

- its origins
- its need
- differences and organizations in world religions

XX. THE SENSITIVES

- their psychic and auric experiences - lesser criticized, teachers
- their intuitions - criticism of disturbed folk
- their mystic experiences - cults & critique of cults

drug as high effect ex.

XXI. THE WORLD IDEA

XXII. THE REVERENTIAL LIFE

- prayer
- devotion
- worship
- humility
- surrender

XXIII. ORIENT AND OCCIDENT

- their meeting
- their mutual service and dis-service

XXIV. GENERAL

Politics

XXV. HUMAN EXPERIENCE

- situation
- events - old age
- lessens

XXVI. THE MIND-BODY IN HEALTH AND SICKNESS

mental disorders, drug

- mental and emotional effects upon it - The philosophic importance of mind-body, parapsychology
- karmic connection with it
- importance of negative feelings
- the life-force contribution to healing

etheric astral body

XXVII. THE PEACE WITHIN

- cultivate calm
- seek inner peace - stillness, calm

mental effect of suggestion and auto suggestion on the physical body

XXVIII. PRACTICES FOR THE QUEST

- mantrams
- symbols
- affirmations
- mental suggestions
- other practices

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